

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tshivhengwa Freddy**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 03:14:54**

**PACE 09:15/km**

**GENDER 289 of  
324**

**OVERALL 449 of 530**

**40+ 94 of 102**

16 February 2019, Sat

Date



*BoutTime*

Signature

